



Maleny LETS News

The UpFront Club. 31 Maple St, Maleny (PO Box 400, Maleny 4552)

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Email: malo@community-exchange.org

Website: www.ces.org.za

Editor: Gay Liddington ~ Email: visionpower@aapt.net.au

May 2010

LETS Office Staff

**ADMIN
ASSISTANTS
WANTED!**

Learn new skills!
A friendly social
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20 bunyas per hour
3-hour shifts
available

Apply to the
LETS OFFICE
UPFRONT
Tues/Wed
10am – 1pm



**Bunya Meals
and
Blackboard
Entertainment**

Upfront Club

Monday evenings
1st Thursday of
each month

Happy Hour
for Upfront Club
members 5.30 to
6.30pm

MY SPIRITUAL AND EMOTIONAL GROWTH THROUGH LETS

Bringing the Soul of Humanity into Commercial Transactions

by Cherie Conrad

Throughout my life I have carried deep-seated beliefs in scarcity and lack and that included the need to work hard and save in order to be successful (which was all about having access to money whenever I wanted it) and there was always fear to one degree or another about not having enough!!!

Being an active member of LETS has shown me that those belief systems are NOT strictly about life but are tied directly to MONEY. I still carry those beliefs to some degree around money but have a healthy understanding these days of how the monetary systems and capitalism of the western world set us up to believe exactly that. While working to combat these negative beliefs the LETS system has allowed me to embrace fulfilment and abundance with none of the negativity.

I participate in LETS trading ALWAYS KNOWING that there will always be enough!!! I can spend what I like because I have no fear blocking my abundance. I am able to spend without any guilt whatsoever always trusting that as I need to earn more Bunya's the opportunity will be there.

As a result of this I am able to enjoy a freedom within the LETSystem that I have never known in the 'commercial world' and I have NEVER had to think about having enough Bunya's – there is ALWAYS an abundance of Bunya's in my account.

I am passionate about participating in systems that are equitable and fair. ***I believe the LETSystem allows us to bring the soul of humanity into commercial transactions.***

The LETSystem in my opinion is about much more than simply getting jobs done that we can't do ourselves or trading surplus produce from our gardens. I believe it has a spiritual component that allows us to connect beyond the superficiality of the mainstream monetary system – the community within a community, the freedom to enjoy a lifestyle that otherwise might be unattainable (for whatever reason), the interaction between local LETS members, neighbouring groups and, through CES, ultimately a lot of the rest of the world.

One of the topics for this years conference is "Whether LETS has past it's use-by date". I was surprised to read this as I consider LETS may well be only just beginning to really come of age.

With the current global economic situation many people are more insecure and unsettled than they have been for a long time. More and more people in the western world are beginning to re-evaluate what is really important in their lives.

Global warming has encouraged people to start to consider the effect they have on the world.

I know from experience that as one starts to question the beliefs and values of what was once considered 'normal' (or mainstream) – the alternative systems start to be embraced.

As we head further into a future where external circumstances will motivate people to find their security from within – LETS is a perfect vehicle to carry us further into the abundance that I believe we ALL were always meant to live within.

May you all be blessed with the abundance and peace of mind that LETting go can bring!

MEMBERS' PAGE

Please contribute to your newsletter!

I invite letters/feedback to the editor, a favourite recipe, a poem/story/anecdote or special quote. Have your say - this is your space.

The New Maleny LETS Market Coordinator – Who is She?

Cherie Conrad

- I first joined LETS in the late 90's down on the Coast when Beaches LETS was a separate group.
- My membership lapsed while we spent several years travelling and living on the road and I rejoined Maleny LETS in 2008 when we came back to the Sunshine Coast.
- Being involved in LETS has been great for my personal growth as I discovered early in my LETS involvement that I was free of the fear of financial insecurity, that I had long carried, when I participated in LETS

The opportunity to be the Maleny LETS Market Coordinator excited me from the time I read about the position in the newsletter.

I have skills and experience with event coordination, sales & marketing, facilitating groups and leadership. The early part of my life has left me with highly developed organisational skills and the more recent years have gifted me with the wisdom to know where to most effectively use those skills ☺.

I am passionate about maintaining and improving opportunities for LETS trading believing absolutely that the more diverse the market can become the more people we will attract to actively participate in LETS. So, if you haven't traded for a while or haven't ever really participated fully in the LETS system - now's your chance.

Come along to the markets on the 4th Saturday of each month they will be held at the Maleny Neighbourhood Centre, Bicentenary Lane from 9.00am to 12 noon every month **EXCEPT JUNE**.

There will be no market in June due to a prior booking at the Neighbourhood Centre.

Enjoy a real coffee and handmade chocolates – there will be seats and tables for you to stop and enjoy the market for a while – if we're lucky Tommy will be there busking.

Check out the stalls with a wide variety of goods ranging from:-

- New and pre-loved books
- Clothes – preloved
- Clothes – new – check out the rainbow tie-dyed baby clothes.
- Produce – whatever is in abundance in our gardens at the time – and we're always looking for more produce
- Inspiring and humorous cards, magnets and stationery
- Shewee's!!! A gift for the woman who has everything!! Now this one you just have to come along and check out for yourself.
- CD's and DVD's and much more

We encourage 100% Bunya trading at the markets and the items listed above are all available for 100%

If you want to secure a particular site please prebook by phoning Cherie on 0407 452 815

Bring your own goods and services to trade. We're currently still seeking stalls - especially those selling produce, baking, people offering massage, readings, etc. If you have a service you'd like to promote come along and book a site or email me and we can arrange for you to advertise on a promotions board for a few bunya or two.

Stall sites are 100% Bunyas – 10B is the standard rate but if you come along and for whatever reason your trading is low – then you're free to make a donation rather than pay the full rate

All stall fees go to Worthy Cause Ltd – a not-for-profit company promoting the prevention of harmful and abusive behaviour and systems.



You are invited to
A LETS Social Gathering
Marilyn Brackpool's home at 50 Serafini Drive, Kilcoy
Sunday, 27 June 2010



Bring your wares for sale at 10:00 am and a plate of food to share for lunch
This invitation has been extended to Maleny, Sunshine Coast, Caboolture and Bris L.E.T.S.

FROM THE OFFICE with Ann Jupp

THE SEQ2010 NATIONAL LETS CONFERENCE: It's on at Mudjimba from 1st - 3rd October – see details below. The organising team consisting of SC LETS, Caboolture, BrisLETS and yours truly from Maleny held a very productive planning weekend in April. Updates and reminders are being sent out to LETSsystems on a regular basis. Do think about registering and supporting LETS, and possibly learning a few useful tips as well. It's great fun too and you get to meet like-minded people from other places.

BUNYA MEALS @ THE UPFRONT CLUB: A crowd of "regulars" are availing themselves of this way to spend their Bunyas on a Monday night (or Tuesday if the Club is closed for any reason on the Monday). The chefs produce a very tasty and nutritious dinner from 5.30 p.m. for 100% Bunyas so come along and join us. You must show your current membership card. We hope to be able to announce another incentive to LETS members in conjunction with the Club in the very near future.

STAFF: Travel is in the air!! Coordinator Carmel is off overseas from 6th June to 29th July. We have a new face on the team – the lovely Cherie Conrad. Welcome, Cherie. We hope you enjoy LETSing with us. Cherie is also the new Market Coordinator facilitating a bigger, better and regular market on the third Saturday of each month (with the exception of June), at the new Maleny Neighbourhood Centre in Bicentennial Lane from 9 – 12. Ann is also going to the UK and Europe from 8th July to 19th July. We may be a bit "thin on the ground" during this time but please bear with us.

FOLK FESTIVAL VOUCHERS: Unused vouchers should have been well and truly returned for refunds by now. They do have an expiry date on them!! So if you have any lurking unreturned, tough.

DEATHS: There have been two deaths in a very short time. Firstly, my husband Howard Jupp died suddenly on the 7th April. My sincere thanks go to all at LETS and the wider Maleny community for their love and support at this time. Then, on the 10th May, Maleny's favourite barista Rob Deakin was killed in a motorcycle accident. Rob was not a LETS member however, he well known in the community and supportive of us. We offer condolences to his family and friends. Rob worked at Monicaz and the Upfront Club and will be sorely missed.

SEQ 2010 National LETS Conference

Apex Camp, Mudjimba, Sunshine Coast

1/2/3 October 2010

Early Bird (paid before 20 June) \$95 + 45 LETS Units

Later Bird (paid before 20 July) \$105 + 55 LETS Units

Individual night \$16 + 16 LETS Units ~ Individual Meals \$11 + 11 LETS Units

2010 Lets Conference Program

SATURDAY.

- Session I. "DIGGING UP THE PAST TO AID THE FUTURE"
- History & Aims of LETS
- Session II "MURDER OR SUICIDE?" - What Kills LETS
- Session III "LETS CONNECT" - Social Networking in LETS
- Session IV "STAYING ALIVE!!" - Lets Breathe Life into LETS
LETS IS FAVOURS FOR YOURSELF AND OTHERS
- Debate "LETS IS PAST ITS USE-BY DATE" or "LETS WON'T SURVIVE WITHOUT INSURANCE"
or suggest a sizzling topic!

SUNDAY.

- Session V "MARKETING MARKETS" - What makes a great market?
- Session VI "CES POTENTIAL" - LETS In the "E-Age" (Forum)
OR
"LETS MAKE FRIENDS" - Regional (and national?) InterLETS Cooperation
- Session VII "THE FINAL CURTAIN" - Wrap-up, evaluation, feedback, where to next?

Do you want to return to optimal health and wellbeing?

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0418 738 591

50% - 100%

bunyas

Angela Vivian
Cert IV Kinesiology
R.N.BSc (physiology)
Member ATMS, AKA
Fund Rebates

sadhanakinesiology.com



Bunya Markets 2010

Maleny Neighbourhood Centre
 4th Saturday of each month
 (except June)
 9am – 12 noon



DID YOU MISS OUT!

Fog hung low, rain drizzled. It was a slow, precarious trip to town. The car was laden with trash and treasure that had emerged from crevices and cupboards, bags and boxes. They were headed for the LETS Market, the first to be held at Maleny's new Neighbourhood Centre. Stalls were set up under shelter for a 9am start. It was the fourth Saturday in April.

Tie-dyed infant wear and T/shirts created a splash of colour along the fence line. Books, cards, clothing and craft took their place among the variety of goods on offer. There were electrical items, an exquisite piece of silk material, and an animal cage that originally cost over \$100 but sold for twenty bunyas. Bargains were up for grabs!

LETS members visited the market in spite of the weather. There were hellos and hugs - some had not seen each other in a while. One member, June Doyle, had travelled from Tweed Heads to participate as a stall holder. 'It was wonderful to catch up with everyone. I'm so glad I came,' she said cheerfully.

Children, chat, coffee...tales, trading and tunes by Tommy created an atmosphere uniquely LETS.

Thank you to our market co-ordinator Cherie Conrad, stallholders and members who supported the event. See you at the Neighbourhood Centre (at the end of Bicentenary Lane) on the fourth Saturday in May, 9am – 12 noon for the next market. Maleny LETS Market has found a home!

DON'T MISS OUT! SEE YOU AT THE JULY MARKET!



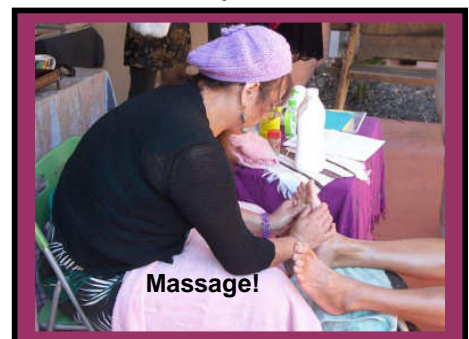
THANK YOU to stall holders from Sunshine Coast & Caboolture LETS who added frivolity and flavour to our April and May markets. Massage, pedicure, manicure, haircuts, pre-loved goods, new clothing and homemade goodies gave traders many treats from which to choose.



Homemade Treats!



Real Coffee!



Massage!

WELCOME NEW MEMBERS



Deborah TAYLOR

Ph: 5439 9466

MALO 0039

Offers: Gardening; Cooking/Catering; Transport; Pet/House Sitting; Childcare/Babysitting; Counselling

WORTHY CAUSE

Ph: 0407 45 2 815 or 0413 38 6 791

MALO 0038

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Tricia JONES

Ph: 0407 62 6 078

MALO 6078

Home Services; Care & Assistance; Food & Drink; Gardening & Agriculture; Entertainment & Recreation

Invitation

To "The Welcome Mat:" – make new friends and meet old ones. New residents in Maleny district very welcome! Come on your own or bring the whole family ~ No experience necessary!

Fun-raiser Board Games Night

\$5 - Proceeds to the "Building Community" Fund

2nd Thursday of each month – next one on
Thursday, 11 March



\$12 Dinner (optional) from 5.30pm



Games (optional) from 7pm or as early as you wish. Please bring your own board games if you have them!

The Upfront Club, 31 Maple St, Maleny

Please book: Terri Bates 5435 2667 tkbates@gotalk.net.au

Get the most from CES!

Your announcements and advertisements can now be sent out to all members online. Contact the office on 5494 3113 or email letsmaleny@gmail.com to share your news.

kimnat

21-23 Blackall St, Woombye

Slides, Photos & Videos to DVD

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Records, Audio Reels & Cassettes to CD

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100% LETS prepaid
Coffee Cards (5 coffees) – 20 units
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Join us at

The UpFront Club

Fine food, great music
 & a friendly atmosphere



Open 7 days from 7.30am
 (Kitchen opens 7.30am)
 Evenings: Mon, Thu, Fri, Sat

MUSIC! MUSIC! MUSIC!

Monday, Friday and Saturday nights

WATCH OUT

**FOR
 "RATHER BIZR'S"**



100% BUNYA BASKET

From the EDITORS DESK

The sudden deaths of Howard Jupp
 and Rob Deakin have rocked our
 community leaving myself and many
 others re-assessing what we regard
 as important in life. The inspired
 words of Kahlil Gibran offer comfort:



*For what is it to die but to stank naked
 in the wind and to melt into the sun?*

*And what is it to cease breathing but to free the breath from
 its restless tides, that it may rise and expand and seek God
 unencumbered?*

*Only when you drink from the river of silence shall you indeed
 sing.*

*And when you have reached the mountain top, then you shall
 begin to climb.*

*And when the earth shall claim your limbs, then you shall truly
 dance.*

**A trip down memory lane...snippets
 from past LETS Newsletters: May 2002**

**LOSING ENERGY THROUGH
 \$\$ DOLLARS \$\$**

by Keely Dean

Lately I have been becoming a little disillusioned with the
 LETS System and wonder if I am the only one...

When I first joined LETS over two years ago, I was very
 excited to be a part of a system where: every persons'
 time is of equal worth; every person in the community has
 skills that are valued; these skills can be traded on a pro
 rata basis; and, individuals are not excluded from
 accessing services due to their financial situation.

Is the system becoming corrupt? Or was I naïve and
 idealistic to believe these to be the fundamental principles
 on which the system operated? You see, I'm beginning to
 find it difficult to acknowledge Bunyas in return for an
 advertised service. It seems that many services will only
 be provided if a dollar component is paid. Perhaps I am
 naïve and idealistic, because I fail to see how dollars and
 payment fit within the framework of a cashless system, an
 Energy Transfer System. I concede that if a service does
 cost dollars to provide, (for example, fuel for a transport
 service), it is appropriate that the provider be reimbursed
 for their dollar outlay. However, when dollar payment is
 expected simply because a service is being provided, one
 must wonder at the prevailing ethos whereby the system
 is exploited for financial gain. Logically, this situation will
 become more prevalent within the system, as members
 find they have to charge dollars to enable them to afford
 access to other services.

Will the Bunya eventually become obsolete? Maleny
 LETS is losing its energy. Perhaps that's because we're
 trading it for dollars!

NEWSLETTER DEADLINE

Submissions for the next newsletter need to be at the
 office (if you are not online) or emailed directly to
 Gay at visionpower@aapt.net.au by 13 August.



- BUNYA CLASSIFIEDS -



FOR SALE

Large, juicy, organic limes. 6 for 5 Bunyas. Ph: Deb 5494 2157

WANTED

4 kitchen/dining chairs. Good condition.
Ring Ruth 0409 564 276

SERVICES

EFT PRACTITIONER

(Emotional Freedom Techniques)
100% Bunyas

EFT is wonderful for pain relief for people and animals. Use EFT to free yourself from mental or emotional blocks so you can move forward in life. It is simple, easy, usually painless, often profound. EFT helps us to change the way we respond to events/thoughts/things.

Email: tap-in2eft@hotmail.com



SERVICES

This column is made available free to those members offering a SERVICE for 100% Bunyas

ORGANISING PUBLIC EVENTS
for COMMUNITY GROUPS
100% bunyas
Laurel Wilson ~ Phone: 5435 2333

DOG WALKING



NATURE WALKS

WILDLIFE ADVICE

Call Susie & Barry



Phone: 5429 6622 ~ # 1910

Terri Bates (Dip.Couns.)

Registered & Insured Counsellor

Counselling
Conflict Mediation, Resolution,
Communication
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75B ~ 1.5 hours

Phone: 5435 2667

SERVICES

This column is made available free to those members offering a SERVICE for 100% Bunyas

Bowen Therapy with Ingrid Mozart. Ph: 5494 2520

***Consultation** on ecologically sustainable building and renovation. Ph: Karin - 5494 4660

***I.T. Services:** Ph: James on 5429 6589

FOR HIRE

BOX TRAILER

100% Bunyas #6664

50B – day OR 75B – weekend

Ph: Alex on 5494 1097
(Landsborough)

100% BUNYA TRADERS

If you would like to be included on this list please phone the Maleny LETS Office

Gay Liddington ~ Market Stall (pre-loved goods & Spiritual Guidance Readings); 'The Treasure Chest' book

The Upfront Club ~ Meals (Monday evening & first Thursday of each month)

Kaelana – Email: tap-in2eft@hotmail.com EFT (Emotional Freedom Techniques) Practitioner

Terri BATES (Dip.Couns.) –Ph:5435 2667: Counselling; Grief & Loss; Relationships; Life Changes; Identity; Disability; Anxiety; Women's Issues; Inner Child Work (It's never too late to have a happy childhood); Motivation; Conflict Mediation; Resolution; Communication; Clarification & Strategising # 2667

Chris OKANE ~ B Com (Appl Pych), Hons Dip Craniosacral Therapy, Dip Remedial Massage, Member PACT – Ph: 0437 744 088: Craniosacral therapy; Counselling & voice dialogue; Therapeutic & rhythmic massage; Relaxation & meditation; Stress management ~ # 7152

Susie & Barry DUNCAN/TRAILL – Ph: 5429 6622: Dog Walking; Nature Walks; Wildlife Advice #1910

Alex MITCHELL – Ph: 5494 1097 (Landsborough): Cheap furniture; second-hand kids clothes;

Box trailer hire # 6664

Tommy LEONARD – Ph: 0409 264 276: Troubadour; CD – Spiral of Change # 107

Clare & Paul RUSSELL – Ph: 5429 6662: Handmade cards (general, Christmas) # 9953

Robin CLAYFIELD – Ph: 5494 4707: Gifts for Wild Women: Book 30B; Set (Book & Cards) 70B # 7171

RATHER BIZR – Maple Street, Maleny: Check out the 100% Bunya basket ~ #2402

YOU MUST BE A LETS MEMBER TO ADVERTISE IN THIS NEWSLETTER

While it is preferred that you trade in 100% bunyas, part bunyas/part \$\$ is acceptable

LETS Newsletter Advertising

Classified Rates...

Lines Ad	2 B per line
Single Column	2 B per cm
Double Column	4 B per cm
1/4 Page	25 B
1/3 Page	30 B



LETS MARKETS

4th Saturday of each month (except June)
9am – 12 noon
Maleny Neighbourhood Centre
Bicentenary Lane, Maleny

LETS OFFICE HOURS

at THE UPFRONT CLUB

TUE 10.00am - 1.00pm
WED 10.00am - 1.00pm

If you wish to leave something for LETS out of the above office hours, please place your notice in an envelope marked 'LETS' and leave it in the 'red box' which is on the wall to the right of the door at Maleny Credit Union.

MONTHLY LETS MEETINGS

Usually the **second Wednesday** of each month at 2pm
(confirm with the office). The next meeting is
2pm, Wednesday, 9 June at the UpFront Club

Come along for a cuppa and chat
MEMBERS WELCOME!

LEARN NEW SKILLS

Would you like to
work in the LETS
Office?



Payment in Bunyas Full training provided

Three hour shifts available
once a week or once a fortnight

Do you have something to sell?

(Bunyas or part Bunyas)

Is there something you want to buy?

Is there a service you seek?



ADVERTISE

on the LETS NOTICE BOARD
located at

The UpFront Club

*Please present your ads clearly and neatly and
remove them when the ad is no longer valid*



LETS

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Treat your friends
Increase trading

Give a Gift Voucher!

Available at the LETS Office

UPDATE! UPDATE! UPDATE!

Please update your details

Personal details, offers and wants can be
updated via the office (Ph: 5494 3113) or
through your account with CES.

LETS NEWLETTER CONTRIBUTIONS - This is your Newsletter...

All contributions are welcome (subject to space and the discretion of the editor). Tell us about your special events - birthdays, anniversaries, etc. Share anecdotes, recipes, affirmations, poems and stories. Promote LETS. Contact Gay Liddington: Email: visionpower@aapt.net.au