



# SISLETS NEWSLETTER

(Southern Inner Suburbs Local Exchange Trading System)

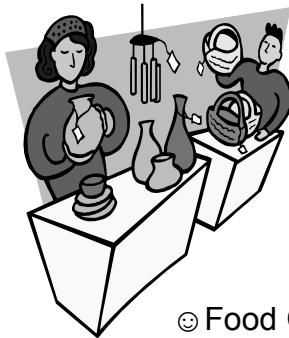
c/o Clarence Park Community Centre  
74 East Terrace, Black Forest 5035  
Email: [SISLETS@gmail.com](mailto:SISLETS@gmail.com)

April 2007

Editor – Pam Marshall

## Special Note: Market Cancellation

The April SISLETS Market will not be held this year as it coincides with Easter. See you at the May Market!



## May SISLETS Market

Saturday May 5<sup>th</sup> 10.30am-12.30pm

Clarence Park Community Centre  
74 East Ave Black Forest

*Come along and support your local LETS market!  
Everyone Welcome!*

- ☺ Food Co-op and Fresh Food Co-op also open for business
- ☺ Café open offering freshly brewed organic coffee, teas, homemade cake and other goodies.
- ☺ EVERYONE WELCOME – come and join in the friendly relaxed atmosphere and do some trading!

**Why not have a stall? Sites & trestles are free for LETS members!**

Enquiries & Stall Bookings: Peter 8276 9621

### SISLETS Market dates for 2007

Saturday mornings 10.30am-12.30pm – Clarence Park Community Centre -  
**5 May, 2 June, 7 July, 4 August, 1 September, 6 October, 3 November,**  
Christmas Market – 1 December



## SISLETS Survey Winner

**Congratulations to Dorothy SISA0101 for winning 50 units in the survey draw at the last market.**

Many thanks to Dianne for organising the survey and donating 50 units. The responses were positive and encouraging with constructive suggestions for SISLETS. Thanks to everyone involved!

### SISLETS has a new Email Address:

[SISLETS@gmail.com](mailto:SISLETS@gmail.com)

SISLETS is also in the process of putting together an information website.  
More information at a later date.

# SISLETS NEW MEMBERS

Welcome to two new members:

**SISA0264 Monte Mitchell Park 8276 6054**

email: [monte@sweattechnologies.com](mailto:monte@sweattechnologies.com)

**Offers:** Computer Help, English & ESL tutoring, Resume Help, Editing, Web Pages (more offers from Monte are on the CES site)

**SISA0265 Galina Grange ph 0406 974 805**

email: [galinacheng@hotmail.com](mailto:galinacheng@hotmail.com)

**Offers:** Dog walking, Typing, Home tuition (3-7 yr) (English, French, Chinese), Celebration Cakes

**Requests:** Massages, Facials, Outdoor painting (verandah area)

Change of Contact details:

**SISA0206 Louise** has moved to Maylands Ph: 8362 7813

**SISA0251 Tanya** Please note Tanya's offers are hold until further notice.

## Help Wanted

*Many thanks to those people that have offered their help. A few areas are still without helpers - so keep those offers coming in please!*

*I'm always looking for eager, reliable people to help with the running of SISLETS....*

1. People to help on market day – mainly organising trestles, clean-up, talking with new enquiries about LETS.
2. People with computer skills to help with various tasks
3. People to help with the mail-out – collating newsletter, enveloping, etc. (Tentative dates - day-time on a Wednesday – 23 May, 25 July, 26 September & 21 November).
4. Someone to organise the mailing list and address labels for the mail-out.
5. Someone to help with publicity.
6. Someone to help organise more activities in SISLETS.

*Contact Pam 8374 2531 email: [theshoppe@chariot.net.au](mailto:theshoppe@chariot.net.au) if interested. Your suggestions/ideas on any of the above are also welcome.*

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## **Thank you,**

*Many, many thanks to the people in SISLETS that have taken on doing their own accounting and working with the new on-line accounting system – including members that do not have computers and enlisted other members to do their accounting for them. It's a difficult thing to implement change when the system as been the same for many years. You have made the job of bringing in the new accounting system so much easier. Pam (Co-ordinator)*

## **Do you have a current email address?**

Email access will keep you up-to-date and informed about changes and activities in SISLETS.

Please send your new/current email address to SISLETS: [SISLETS@gmail.com](mailto:SISLETS@gmail.com)

**Deadlines for submissions to the SISLETS Newsletter for 2007:**

April Issue: Wed 28/3/07, June Issue: Wed. 16/5/07, August Issue: Wed. 18/7/07.  
October Issue: Wed. 19/9/07, December Issue: Wed. 14/11/07

# Managing Your On-Line Account



*It's great to see SISLETS members using the new system. Feedback from members about the new system and issues related to its use will be covered in the Newsletter. If you have something you want to say about on-line account management (of your account or another member's) please send to SISLETS for discussion:*

## **CES On-Line System Update**

**Accounting Charges:** Some members are managing the accounts (i.e. entering transactions, inputting 'Offers' and 'Wants') for members who do not have computer access. Members offering this service are entitled to charge a fee. The current (suggested) rate is: 8 units per month for entering transactions and 15 units an hour for setting up and maintaining 'Offers' and 'Wants' for 12 months. Some members may prefer not to charge a fee for this service but managing an on-line account is a service just like any other LETS transaction. The other costs related to this are printing accounts and documents from the site for members and postal costs (if applicable). It is feasible that a dollar charge apply for this service negotiable between the two parties. If you have any further comment on this issue please send it in for discussion.

**Account Management:** The following members have offered their services for managing member's accounts: Julie SISA0236 - Milton SISA0024 - Katy SISA0262 - Monte SISA0264 - Lay Lee SISA0252. Please check SISLETS Membership List for contact details.

**Check Your Entries:** Please regularly check your statement to ensure all entries on your account are correct. Members are now responsible for doing their own accounting. Mistakes can occur. Transaction input is no longer regulated by one person overseeing the accounting (as was the case in the previous accounting system). Please report any accounting irregularities to [SISLETS@gmail.com](mailto:SISLETS@gmail.com)


**Accessing Other Systems:** Both NE LETS and Salisbury LETS are accessible via the CES system. Use the 'Exchange' box to change systems. When you enter the online site you automatically open into your own system or exchange (i.e. SISLETS). It is necessary to change the 'exchange' name to be able to access either NE or Sal LETS - whether it be their member contact details, to do a transaction with a NE or Sal member or access their offers and wants.

## **How to Use the CES System**

*Here's more information about using the system: Managing Your Offers and Wants (including entering, updating and printing a list)*

### **Accessing your Account:**

1. Go to [www.ces.org.za](http://www.ces.org.za)
2. At bottom of screen type in your account name (i.e.SISA0???) and your password (passwords were issued with the last Newsletter mail-out).

3. Press Enter: You will have a  of you '.....'s Trading Account'

### **Entering Your Offers & Wants**

Once you have accessed your account:

1. At the top of the screen click on 'Offerings' (green section)
2. Then 'click' on 'Add New' if you want to enter new offering/s
3. A page headed 'Add New Offering' will appear. Fill in the relevant boxes (i.e. brief title or heading,

category, details, rate – if applicable, etc.)

4. Check details and click 'Add Offering' to enter into the system.

To Update an current Offer:

1. Click on 'Update' offering (instead of 'Add New')
2. A list of your current offerings will appear on the screen
3. On right side of each offering 'tick' the appropriate box. Then click on the offering heading (in the column section).
4. An 'Edit/Delete Offering' choice will appear. Make the necessary adjustments – i.e. press 'Update' or 'Delete' and it will be entered into the system.

#### **How to Print a list of all Offers and Wants:**

Offers:

1. Click on 'Offerings' middle top of screen
2. On right side of screen press 'View/Print All'. A full list of all members Offerings will appear on the screen.
3. Press 'Print'

Wants:

1. Click on 'Wants' middle top of screen
2. A list of current 'Wants' will appear on the screen
3. Click on 'Add Want'. An "add New Wants" heading will appear on the screen with appropriate box for filling in details.
4. Once completed press 'Insert Record'. Your want is added to the system

#### **Accessing Other LETS Systems (Exchanges):**

Both and Salisbury and LETS have their own Offers and Wants. To access change the 'Exchange' by scrolling down the list of exchanges and clicking on either 'Salisbury AU' or NE Adelaide AU'. Follow the same procedure for accessing SISLETS 'Offers and Wants'. You can add your

Offers and Wants' to the other two systems if you would like to.

**If you do not have access to a computer ask one of the members listed earlier to print a list of 'Offers and/ or Wants' for you and add your listings to the system. It is hoped that this new system will replace the twice yearly 'Resource Guide'. A copy (print-out) of current Offers and Wants will be on display at the SISLETS Market promotional table.**

### **NE LETS Market**



**SUNDAY 22 April 2007**

**10am-1pm**

**Lets Cook**

#### **'Chocolate Choices'**

**Easy Chocolate Recipes and Free Tastings**

**with Diane & Althea**

**PLUS**

**'Drying Food' with Willie  
Coffee, Tea and Budget Lunch  
with choice of veg or non-veg**

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**SUNDAY 24 June 2007**

**10am-1pm**

**Lets Cook**

#### **Winter Warmers**

**-Free tastings-**

Venue (both markets): Hillcrest  
Community Centre,

Queensborough Ave, Hillcrest

**Contact: Sue 8266 2757**

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**-SALISBURY LETS  
WORKSHOPS-**

Tentative topics for 2007:

**Saturday 19 May** - May Market and Free Massages - Training to LETS members re: CES Online accounting and database

**Saturday 21 July** - Pruning Fruit Trees (not at the Jack Young Centre - at a member's house in Modbury - 8359 6781 or 0400 732 270 for

details)

**Saturday 15 September** - Personal Counselling/Life Coach

**Saturday 17 November** - Christmas on a budget

**Venue:** Jack Young Centre, Orange Ave, Salisbury (unless stated otherwise)

9.30 - 10am Trading stalls with range of goods for cash and/or LETS units

For further details please contact Allison on 8359 6781 or 0400 732 270 or [jamiller@airnet.com.au](mailto:jamiller@airnet.com.au)



## Members Forum

*The Member's Forum was a very popular addition to last Newsletter. Many people commented how interesting it was to hear about other people in the group. So lets continue the momentum and have a few more:*

### Introducing: Adrian Crawford SISA0185

Registered nurse, Registered midwife (delivered 19 babies), Reiki master and teacher (doing Reiki since 1986), writer, director, actor, editor, scriptwriting tutor. Didn't exactly set out to be rather diverse!

Have been in various LETS groups over the years including Adelaide LETS, Hills LETS, SA LETS, North East LETS and now SIS LETS.

Offered Reiki of course, both as courses (can offer for two thirds cash, one third LETS, any less and the tax man taketh as its all considered taxable income), and sessions, done house clearings, intuitive massage amongst other things. Have used LETS services for any number of things that I am not as skilled in or do not have the knowledge for (or unable to do on myself). Such as clothes mending, computer software issues, massage, Nunga consultancy and recently a chest of drawers. LETS is great. Highly recommended.

What else to add? I have travelled to 20 countries over the years and been around most of Australia. My first big trip was coming out to Australia age 8, through the Suez Canal (I remember both funny and one scary incident). Have lived in London six months and had three trips to South East Asia – a place I never anticipated going to! My first trip was a week all expenses paid and staying at only the best of mansions because my producer wanted me to write her a mini biography (that involved a bit of time travel!). My second was because my then girlfriend (a now LETS member, exceedingly seasoned traveller and friend), wanted to go train travelling there again. I've been to 8 South East Asian countries all told and none by tour. This said, I still don't consider myself a truly seasoned traveller.

This year has started full of promise. I overhauled an inspirational fable to novella length. Can avail it to LETS members on request. From 10 to adult. One 11 year old told me the earlier version was her "second favourite story. Second only to Harry Potter." That's high praise indeed! This year, I have my fingers crossed for a small but significant role in a feature (offered by the director "subject to finance". I also paid for an assessment of one of my two feature film scripts with a top script producer, script editor who told me that "This is a really good story that would make a really good film", then offered me some further guidance once I overhauled it some more. This script keeps attracting allies. It was short listed by the AFC for script development as a short feature, one of the assessors fell in love with it and helped me add 40 pages to the script in 2 and a half weeks to present to the SAFC as a full feature. It missed out by one place from script development money. And, then there is my short film I wrote and which I will be directing in July. Another big leap again as we have been warned by a professional that not only will it require exceptional

performances but a very good director to pull it off. Sigh... What is life without a few challenges? My old professional script editor (different from the one just mentioned), has told me after kindly script editing draft 11 that it is "absolutely" of the calibre required for the major international short film festivals. It is now Draft 27. Most of my actors have worked professionally and some of my crew, including cameraman, are professionals. We are using professional cameras. The aim? A semi-professional product.

So, that is a bit about me. Look forward to hearing more about you.

## **Introducing: John Groves SISA0110.**

About eleven years ago I heard about the LETS system. It seemed to me to be a very good idea and I tried to join the Payneham LETS. Since I neither worked nor lived in Payneham their rules said that I could not join them, and although I did not then live in the south of Adelaide I joined SISLETS.

I attended several very successful markets, offering Reiki and body work, and buying mostly food and plants. I also went to Hills markets, which were a big deal in those days.

After a while I found out that the SIS units accounts were being done by hand, and only rarely did members find out their balance. A market could generate several hundred transactions, and there could be another twenty or more between markets. Having some skill with computers, I volunteered to do the accounts with a program I wrote for the job. This I continued to do for years, until the demise of many Lets systems made it more reasonable to have a central system for South Australia.

Another organization I find very useful is the food co-op, who sell many things we need regularly, and always high quality and at a good price. I particularly like the idea of organic if possible, and Australian next, since so much supermarket food is imported these days—Ah, McCain, never again—stir-fry vegetables from China for heaven's sake!

I have several good friends from LETS, and have enjoyed a long series of massage exchanges with LETS members from SIS and others.

About three years ago my wife and I moved to the retirement village in Pasadena, and we attend most SIS markets, as we have not far to go. Altogether, I must add that I have found the LETS experience to be satisfying and rewarding.

## **Introducing: Trish SIS0242**

Hello – my name is Trish. I was introduced to SISLETS through my mother Thelma who you will usually see at the market with me. Mum attended one of Pam's vegetarian lunches. She told mum about the bartering concept of the market and knew I'd be interested.

Mum resides at a nursing home called Charles Young. She's very happy there and does lots of craft work. She mixes well with the staff and residents and often brings them back sauces and jams.

I'm a Men's and Ladies' hairdresser. I'm married to my husband Gerry and live at Fulham with my son Ryan who is in year 11 and attends Tabor Christian College.

We very much enjoy our time out at the markets. It's a great opportunity to meet lots of interesting people with many varied skills and talents.

## **Introducing: Deborah Guise – SISA0254**

**How long have you been in SISLETS?** I joined in June 2006.

**Who are you?** You may have seen me at SISLETS markets. I'm the one with the long red hair doing massage up on the stage.

Actually its Trager® that I do at markets – its more convenient because the person on the massage table can leave their clothes on.

**LETS Activity** My main LETS activity is healing therapies: relaxation massage, Trager® and chakra balancing.

**Why did you join SISLETS?** I love *receiving* massage and find it very beneficial, but like many people it seems a luxury to pay \$\$ for it when you're on a low income. As a healing therapist I have found that I give far more sessions than I receive, and I want to redress that imbalance somewhat. Of course I've arranged my own direct swaps with other therapists in the past, but LETS has advantages beyond this. For one thing it gives me a larger pool of healing therapists I can call upon, so there'll be someone available when it suits me. I'm getting to know more of the therapists within SISLETS, which is great.

**Work/Hobbies/Interests or anything else about yourself** I live in the city, and love the vibrant community of the Adelaide SouthWest Community Centre as well as being able to walk to Central Market. (I no longer need my car, so if you'd be interested in a cheap 1986 Magna please contact me ASAP!) I'm about to start a 1 year full-time course in Community Mediation. That means I need to scale down the voluntary work I do for a Housing Co-op. When I lived on Kangaroo Island I set up and ran an Eco-Lodge. I have an Honours degree in Philosophy and I love art & music festivals and life in general.

**Contact Information:** Deborah Ph: 8410 0480 Email: dguise@internode.on.net

***Many thanks to Adrian, John, Trish and Deborah for their submission to the Forum. We need more for the next issue of the Newsletter – so please send them in .....***



## Suggested Guidelines for Member Forum

In SISLETS Newsletter

*Below are some guidelines for your contribution - feel free to establish your own criteria if you want.*

1. **Name & LETS Number**
2. **How long have you been in LETS?**

**3. Who are you?** Your role in the system – how other members see/remember you – i.e. “I sell/do ..... at the markets and I always wear a beanie hat!” (Sometimes explaining what you sell or do in the group helps members to familiarise themselves with ‘who you are’ – they may not know your name, for example, but may have met you at the market as a stallholder or via some other activity)..

4. **Work/Hobbies/Interests or anything else about yourself**

**5. LETS Activity:** Your Offers & Requests – reasons why, comments, etc.

6. **Why you joined LETS – has it filled your expectations?**

7. **Other information you'd like to tell people?**

8. **Contact information.**

Send to: SISLETS, 74 East Ave, Black Forest 5035 or



email: [SISLETS@gmail.com](mailto:SISLETS@gmail.com) or hand in at the SISLETS Market (handwritten or typed)



## SisLETS Noticeboard

Advertising on noticeboard  
is FREE.

**Give Away** – Used postage stamps to good cause. Pam  
SISA0130 Ph 8374 2531

### **Wanted:**

#### **Sofa Bed in good condition**

I am looking for a sofa bed in good/reasonable condition in neutral/modern tones and colours - if possible.

Happy to offer part cash and units.  
email at: [loui68@tadaust.org.au](mailto:loui68@tadaust.org.au)  
Louise SISA0206 8362 7813

-----**FOR SALE**-----

#### **LEXMARK X6150 All-In-One**

The above machine prints, faxes, copies in black and white and colour and scans.

It is in "as new" condition and has hardly been used at all. I have never used the scanner or printer and have only photocopied approx 50 sheets.

Comes ready to use with USB cable, and phone cord to plug into the phone so you can FAX.

Price: \$60 AND 50 UNITS ono.  
Louise SISA0206 08 8272 2591  
email: [loui@tadaust.org.au](mailto:loui@tadaust.org.au)

### WATERCOLOUR PAINTINGS

Variety of subjects, or commission your own.

Can paint from your photos of family, pets, old black & whites, etc.

### DRAWING WITHOUT FEAR

Learn to draw without the usual terrors of fear, anxiety and self-doubt. Holistic approach, small groups, day or evening classes.

Jenny SISA0139 8274 1616  
[jennygregson@chariot.net.au](mailto:jennygregson@chariot.net.au)



### **Capsicums for Sale**

I have lots of capsicums this year in the garden. Selling in units only.

Collect from St Mary's

Pam SISA0130 Ph 8374 2531

email: [theshoppe@chariot.net.au](mailto:theshoppe@chariot.net.au)

**Be the first to know what's for sale in LETS - Join the InterLETS SA Emailing Group! Email Allison to join up: [jamiller@airnet.com.au](mailto:jamiller@airnet.com.au)**

### **Deadlines for submissions to the SISLETS Newsletter for 2007:**

June Issue: Wed. 16/5/07, August Issue: Wed. 18/7/07.

October Issue: Wed. 19/9/07, December Issue: Wed. 14/11/07

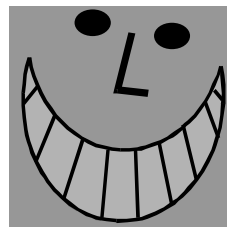
### **For Sale**

**Tea Chest (with lid)** 7 units  
**Solid Steel ladder** 5 units & \$15  
**Corrugated roofing sheets** 5u &  
**Traymobile** 5u & \$15  
**Men's Rubber Boots** 5u & \$15  
**Kids Blackboard** 10 units  
**Folding bed with Mattress** 5u & \$12  
**Ceiling fans** 10u & \$30  
**Ceramic Bread Bin** 5u & \$10  
**Computer Desk** 5 u & \$20  
**Electric heater** 5 units & \$12

For more information contact:

Julie SISA0236

Ph 8293 2586 04 0213 7129



### **Visit the Community Café**

At every SISLETS Market  
1<sup>st</sup> Saturday of the month



**from 10.30am to 12.30pm**  
Clarence Park Community Centre  
74 East Ave. Black Forest  
♦**Organic coffee & herbal teas**  
♦**Relaxed friendly atmosphere**  
♦**Homemade cakes and produce**  
♦ **Service with a smile!!**



**Clarence Park Food Co-op**

Wholesome, nutritious food at low prices.

Nuts, dried fruit, seeds, pulses, beverages, flour, grains, pasta, washing products, honey, free range eggs, oils, and more.

Most foods locally & organically grown  
Bring your own jars & bags for discount

**Clarence Park Community Centre**

74 East Ave, Black Forest

Open: Mon, Tues, Wed and Saturday

10.30-12.30pm Enq: 8297 6249