



SISLETS NEWSLETTER

(Southern Inner Suburbs Local Exchange Trading System)

c/o Clarence Park Community Centre, 74 East Terrace, Black Forest 5035
website: www.geocities.com/sis.lets email: SISLETS@gmail.com

June-July 07

Editor: Pam Marshall



ITS MARKET TIME AGAIN!

Saturday June 2 and Saturday July 7

10.30am to 12.30pm

Clarence Park Community Centre, 74 East Ave Black Forest

- ☺ Produce, home cooked food, second hand goods, crafts, massage and more!
- ☺ Café open offering freshly brewed organic coffee, teas, homemade cake and other goodies
- ☺ Food Co-op and Fresh Food Co-op also open for business
- ☺ EVERYONE WELCOME – come and join in the friendly relaxed atmosphere and do some trading!

Why not have a stall? Sites & trestles are free for LETS members!!!

Enquiries & Stall Bookings: Peter 8276 9621

SISLETS now has an information website: www.geocities.com/sis.lets

Please pass on to friends and family so that they can discover the many advantages of LETS trading. More members = more contributions to the system = more choice (offers & wants) for members!

Many thanks to Peter B, Louise S, Pam and Tina who contributed units to help pay for work on setting up the site. A total of 230 units have been donated toward the website fee of 425 units. More units are required – please inform SISLETS of your contribution to be deducted from your account. Every bit helps!

Other SISLETS Market dates for 2007

Saturday mornings 10.30am-12.30pm at the Clarence Park Community Centre –
4 August, 1 September, 6 October, 3 November, Christmas Market – 1 December.

Deadline for contributions and ads to next SISLETS Newsletter: 17 July 07

Managing Your On-Line Account

CES System Update



It's great to see so many SISLETS members logging on to the on-line system. As more people make use of the system for their accounting and register their Offers and Wants it will grow to become a resource for all members and replace the old labour-intensive ways of running SISLETS.

Account Management: Also encouraging is the many members that do not have inter-net access making use of the new system with the assistance of members with computer access.

Just a reminder that the following members have offered their services for managing member's accounts: Julie SISA0236 - Milton SISA0024 - Katy SISA0262 - Monte SISA0264 – Lay Lee SISA0252. Please check SISLETS Membership List for contact details.

Password: You will need to know your individual password in order to access the system. Passwords were issued (in the December mail-out last year) to all members when the system was established. If you no longer have this information you'll have to contact the SISLETS Co-ordinator to access the system and retrieve your password.

Check Your Entries: A reminder also to check your statement to ensure all entries on your account are correct. Members are now responsible for doing their own accounting. Mistakes can occur. Transaction input is no longer regulated by one person overseeing the accounting (as was the case in the previous accounting system). Please report any accounting irregularities to SISLETS@gmail.com

Offers and Wants folder – 'Resource Guide'

For members without inter-net access a folder containing an updated print-out of current Offers and Wants from the CES site is available for display at the SISLETS market (on the SISLETS display table). Please bring a pen and paper to make notes on what's available.

This replaces the now out-dated paper copy 'Resource Guide'. Please make sure you are listed in the folder by inputting your Offers and Wants online so that all members are informed about your contribution to LETS.

Feedback from members about the new system and issues related to its use will be covered in the Newsletter. If you have something you want to say about on-line account management (of your account or another member's) please send to SISLETS for discussion.

SISLETS NEW MEMBER

Welcome to Teresa:

SISA0266 Teresa Netherby 8271 7582 / 0428 306 956

email: teresajez@yahoo.com.au

Offers: Acupuncture, Naturopath, TCM & Chinese Herbal Medicine.

Wants: Gardening, General home maintenance



Members Forum

Many thanks for your contributions to the Forum. Comments are still flowing from members about how interesting they find this section of the newsletter. Lots of members are still to introduce themselves. Please send your contribution to SISLETS for inclusion in next Newsletter (by 17 July 2007).

Introducing: Dianne Hopkins SISA0260

I am downloading antivirus software and it is taking ages so thought I would write something about myself for the newsletter. I did get some encouragement - Pam reminded me that it would be a good to send something in. People probably best know me as the person who serves in the Café at the market.

My cousin Noeleen, discussed LETS with me a couple of years ago and I thought because of my interest in recycling it would be great to join. I have connected with many great people in LETS including Pam who is like-minded with my lifestyle and beliefs - we have a great time exchanging ideas and trying innovative ways.

I have taken a life-changing step this year and commenced full time study at Flinders University. My goal is a degree in Nutrition and Dietetics with the vision of opening my own practice in 2011. After sitting the SATEC entry examination in November 2006 I was offered a position at Flinders. I was really excited and when my documentation arrived with the computer log-in codes I was astonished to find that my past had caught up with me! In 1984 I commenced studies at Flinders but could not keep up with working full time plus study – so the study went out the window. At that time I was still using my married name. You guessed it - I am now stuck with the first four letters of his name. Every time I access the Flinders Uni site I am reminded of my ex-husband! Stop laughing. As you can imagine I have tried to change my access code but to no avail. So unwittingly he will be on my mind for many years.

LETS membership has also enabled me to meet Ann and John - a wonderful addition to my circle of friends. I was fortunate to receive guidance and motivation during my preparation for the university entrance exam from this lovely couple. Do you remember a recent article in a past Newsletter about Cuddle Parties? John was instrumental in bringing our attention to how starved we are for the little things in life e.g. HUGS. However the response to this has been sad. But I still have an idea for the LETS market and hopefully I will get some time to develop it.

Well that is it from Dianne, SISA0260, the antivirus is done, back to study!

Introducing: Sue and Geoff NESAO014 Ph: 8266 2657

(as of March 07)

Who are you? Sue is the NE co-ordinator and runs the necessary day to day activities. Geoff is kept busy on market days – setting up trestle tables, putting out the market boards, serving lunches, doing the dishes, etc. We joined the old Adelaide LETS in 1994 which operated from an office in Pirie Street. Sue helped out in the office until Adelaide LETS disbanded and we then joined up as founding members of the new NE LETS.

Work/Hobbies/Interests or anything else about yourself We are keen permaculture gardeners and have varied success in producing our own

organic veggies and fruit. The others in our household are our adopted ex racing greyhound Tavia and some ex battery chooks. They are a pathetic sight when we bring them home but its really rewarding to see how soon they rediscover their natural instincts and begin scratching about, taking dust baths, etc. Their feathers gradually grow back and its not long before we are rewarded with lovely eggs!

LETS Activity: We are happy to share our low-tech energy saving ideas with anyone with similar interests. One of our requests is for someone to paint a tromp-l'oeil (trick of the eye) on a garden fence to give the illusion of a distant scene.

Why you joined LETS – has it filled your expectations? LETS fits neatly into our lifestyle. We see it as a formal way of the old philosophy of neighbours helping each other. Its sometimes disheartening and frustrating when theres not much feedback or participation from members, but the good things about LETS always outweigh the bad, so we are encouraged to keep going. I'm sure the new on-line system will promote much more member participation which can only benefit our system. We find LETS a great way to meet and make friends with like-minded folk who would otherwise never cross our paths.

Introducing: Diane NESAO178 Ph 8261 0706

Who are you? I am the NE LETS Treasurer and work with Sue on a regular basis. We meet every couple of months or so to discuss coming events, financial matters and organisational details. I am a regular at markets. My stall (when I have one) usually contains good quality new and secondhand goods including clothes from my two grandsons. I plan eventually to trade with home-grown produce, seedlings and native/unusual potted plants. I've also had a table for LETS publicity and membership and in February I collated and displayed the results of the survey.

Work/Hobbies/Interests or anything else about yourself My three great passions are my two adult daughters, my two grandsons (and a grand daughter due in early April) and my garden. I recently acquired two chicks (from my grandson's kindy) and Fifi, my Silkie bantam, loves them. My goal to have a thriving permaculture garden is slowly but surely becoming a reality.

LETS Activity: My offers include decluttering (and I'm successfully practising what I preach at last!) and Primary school tutoring. I was a Primary school teacher for 20+ years.

My requests mainly revolve around the garden and help with bigger jobs or jobs that need more than one pair of hands.

Why you joined LETS – has it filled your expectations? I joined LETS to save money, to be part of a lively community, share resources and skills and meet other recyclers and gardeners. I'm very happy with my LETS experience. I really enjoy the atmosphere at markets and seeing friendly faces. I also like the fact tht my commitment of time, effort and money is my choice and what I get back reflects this.

Anything else you'd like to tell people. I must mention Sue and Geoff who are practically neighbours and have been a key factor in making my LETS experience such a good one. Recently they gave me a computer and I'm looking forward to joining the email/internet bandwagon in the next few months.



SISLETS Noticeboard

Advertising on noticeboard
is FREE

Next Deadline: 17 July 2007

For Sale:

Small Forman grill - \$5.00+5units
Non+stick wok (28cm diameter) -
\$6.00+ 10units

Veronika SISA0118 Ph 83772927

Wanted

Gardening Help – 2 hours a month

Muriel SISA0168 Ph 8449
9617

Transport to the SISLETS Market

(from Goodwood area)
Tina SISA0175 Ph 8272 9404

Old-fashioned embroidery transfers

Pam SISA0130 Ph 8374 2531
Email: theshoppe@chariot.net.au

For Sale: Venetian blinds

Sizes: 1150mm wide x 1490 (two)
1790mm wide x 1490
890 mm wide x 490
200 units ono (or will separate)
Enquiries to Rosemarie
NESA0129 Ph: 8346 6612

NE LETS Market

SUNDAY 24 June 2007

10am-1pm

Lets Cook:

Winter Warmers

-Free tastings-

Venue: Hillcrest Community Centre,
Queensborough Ave, Hillcrest

Contact: Sue 8266 2757

-SALISBURY LETS WORKSHOPS-

Tentative topics:

Saturday 21 July - Pruning Fruit
Trees (not at the Jack Young Centre
- at a member's house in Modbury -
8359 6781 or 0400 732 270 for
details)

Saturday 15 September - Personal
Counselling/Life Coach

Saturday 17 November - Christmas
on a budget

Venue: Jack Young Centre, Orange
Ave, Salisbury (unless stated
otherwise)

9.30 - 10am Trading stalls with
range of goods for cash and/or LETS
units

For further details please contact
Allison on 8359 6781 or 0400 732
270 or jamiller@airnet.com.au

I am seeking a couple of the older
style **glass peanut butter jars** which
had cup markings on the sides
(usually had a yellow plastic lid) .
We use them to make mayonnaise
and only have one left! If you have a
'jar collection' then If you have one or
two of these. Pay 10 units each .

Susan NESA0162 Ph 83652996.
Mobile 0421 791 821



Community Café

At every SISLETS Market
1st Saturday of the month
from 10.30am to 12.30pm
Clarence Park Community Centre
74 East Ave. Black Forest

- ♦Organic coffee & herbal teas
- ♦Relaxed friendly atmosphere
- ♦Homemade cakes and produce
- ♦ Service with a smile!!

'Do Not Call'

Telemarketer Register

Register your number on
<http://web.dcita.gov.au/> or
www.donotcall.gov.au to stop

telemarketers. Postal application forms available from Post Offices.



Clarence Park Food Co-op

Wholesome, nutritious food at low prices.

Nuts, dried fruit, seeds, pulses, beverages, flour, grains, pasta, washing products, honey, free range eggs, oils, and more.

Most foods locally & organically grown
Bring your own jars & bags for discount

Clarence Park Community Centre

74 East Ave, Black Forest

Open: Mon, Tues, Wed and Saturday
10.30-12.30pm Enq: 8297 6249

Be the first to know what's for sale in LETS - Join the InterLETS SA Emailing Group!
Email Allison to join up:
jamiller@airnet.com.au



Why not try something new? Clarence Park Community Centre Activities

Many people attend the SISLETS Market and probably are not aware that the Centre offers a huge range of other activities:

- Amateur Winemakers & Brewers Club of Adelaide
- Anaphylaxis Aust – Allergy Support Group
- Ancient Egypt Study Group
- Biodiversity Garden
- Kumon Education
- Cheng's Taekwondo Ohdokwan
- Childcare
- Walking Group
- Community Circle Dance
- Computing for All
- Craft & Friendship Group
- Environment Group
- Esperanto Club
- General Fitness Class
- Health Self-Management
- Healthy Living for Seniors
- Inventors Club
- Just Strings
- Kindermusik for Creative Kids
- Living in Harmony with the Planet Workshops
- Magic Mike's Magic School
- Marklin Model Railway Club
- Mix 'n Mingle Dance
- PC & Amiga Computer Users Group
- Playgroup
- Senior's Social Club
- Sewing
- Wisemoves – women's health and lifestyle
- Yoga with Yani



SA's leading lifestyle expo for sustainable living

**Solar Energy Recycling
Eco Tourism
Sustainable Gardens
Energy Efficiency Housing
Carbon Credits
Skin Care Rainwater Tanks
Permaculture
Ethical Investments
Fair-Trade Trade Fair
The Organic Market Place**

June 2 & 3 2007

10am-5pm Daily

**Ridley Centre
Royal Adelaide Show Grounds
Wayville, SA**

www.ecoliving.com.au

- Centre entertainers available for community performances
For further information and enquiries: Ph 8293 8166

