



SISLETS NEWSLETTER

(Southern Inner Suburbs Local Exchange Trading System)

c/o Clarence Park Community Centre, 74 East Terrace, Black Forest 5035
website: www.geocities.com/sis.lets email: SISLETS@gmail.com

August-September 07

Editor: Pam Marshall



SISLETS Promotion at Westfield Marion

On Thursday 19th July SISLETS took part in a full day promotion (9am to 9pm) at Westfield Shopping Complex, Marion. The promo was in conjunction with the following organizations: Uniting Care Wesley, Families SA, Marion Community Life, Consumer and Business Affairs, and Housing SA. The theme was 'Christmas in July – Don't Let Christmas Burn Your Budget'. SISLETS offered a practical money-saving alternative to the high expense and debt of Christmas.

It was a wonderful opportunity for us to promote LETS to the local community. We distributed over 200 promotional brochures. Helena and I worked in 2 hour shifts on behalf of SISLETS. People were encouraged to come to the next market to meet LETS members, see how trading works and enjoy a free tea or coffee. Hopefully our next market will see an increase in people coming along and maybe even joining LETS! Many, many thanks to Helena for her time and help on the day.

Another promotion is planned on 3rd October at Westfield along the theme 'Surviving the Hard Times'. SISLETS members are currently involved in its planning and will take part on the day. During 'Anti-Poverty Week' in September there are plans to promote practical alternatives for spending, handling finances and budgeting at Centrelink, Marion. Again we are hoping to participate in this event. These opportunities are fantastic for SISLETS and will help boost our numbers and offer more trading alternatives for members.

Please come along to the next market (date below), help support SISLETS, and welcome new members to the group.

Pam

SISLETS Market

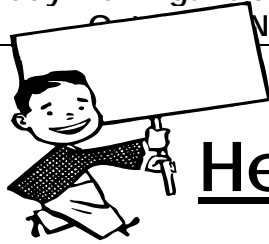
Saturday 4 August and 1 September - 10.30am-12.30pm
Clarence Park Community Centre 74 East Ave Black Forest

- ☺ Second-hand goods, crafts, massage, homemade food, plants, and more!
 - ☺ Food Co-op and Fresh Food Co-op also open for business
 - ☺ Café open offering freshly brewed organic coffee, teas, homemade food, etc.
 - ☺ EVERYONE WELCOME – join in the friendly relaxed atmosphere and do some trading!
- Why not have a stall? Sites & trestles are free for LETS members!**

Enquiries & Stall Bookings: Peter 8276 9621

SISLETS Market dates for 2007

Saturday mornings 10.30am-12.30pm – Clarence Park Community Centre - 6
November, Christmas Market – 1 December



'All the More the Merrier!'

Help Promote SISLETS

Included with this Newsletter is the flyer recently distributed at the Westfield Marion Shopping Centre promotion. It proved quite a successful approach and many people were intrigued at the various things on offer in SISLETS. Please give this flyer to friends and family to help promote SISLETS. The more people that join the more activity in the group and choice of goods, services, etc. If you require more copies contact SISLETS or collect them from the next market.

Are your 'Offers and Wants' listed in the on-line Resource Guide?

If not, it's very easy to get listed. Contact one of the following people for assistance:

Julie SISA0236 - Milton SISA0024 - Katy SISA0262 - Monte SISA0264 – Lay Lee SISA0252 – Linda SISA0267. Please check SISLETS Membership List for contact details. It is hoped the promotional work at Westfield Marion will bring in some new members. It would be wonderful for them to see all members listed (Offers and Wants) in the system.

You will need to know your individual password in order for you (or someone on your behalf) to access the system. Passwords were issued (in the December mail-out last year) to all members when the system was established. If you no longer have this information you'll have to contact the SISLETS Co-ordinator to access the system and retrieve your password.



New Members

Welcome to the following new members – all of whom joined at the June SisLETS Market.....

SISA0267 Linda Christies Beach 8326 8587 shanalee@tne.net.au
Offers: Aged/Disability Carer (Qualified), Cleaning
Requests: Garden Assistance

SISA0277 Sue & Mij Adelaide 8212 0078 webb@olis.net.au
Offers: Handmade greeting cards, Bokashi Compost Mix, Light Gardening, Home Cooking, Tutoring, 'Hired pens' – writing for any occasion
Requests: Handyperson – household repairs, Bike Maintenance, Sewing/mending alterations

SISA0278 Suzanne Norwood 8362 2532 skong5@hotmail.com

Offers: Books, Second-hand clothing, Odds and ends, Seasonal fruit, vegies and herbs.

Requests: General Trading, Plants.

SisLETS Newsletter

Several members without internet access have queried whether our Newsletter will continue to be produced as a paper copy and mailed to members. Although it would be greatly beneficial to distribute the Newsletter solely via the internet/email, the Newsletter will, at this point, continue to be produced as a paper copy and mailed to all financial members so that everyone has access to the latest news within SISLETS, including newest members.

Please make use of your Newsletter to advertise and promote your offers, requests, goods for sale, ideas and comments and give feedback about the excellent on-line accounting system. The Newsletter is produced for you and is your main medium for reaching other members in the system.



Members Forum: Although not included in this newsletter - the Members Forum will be included in future newsletters. Many Members have reported that the Forum is a very useful way of getting to know people in the group and provides interesting reading. Please send in your submissions to SISLETS by mail, email or hand in at the Cafe at market.

Closing dates for sending information for SISLETS Newsletters are: October Issue: Wed. 19/9/07, December Issue: Wed. 14/11/07



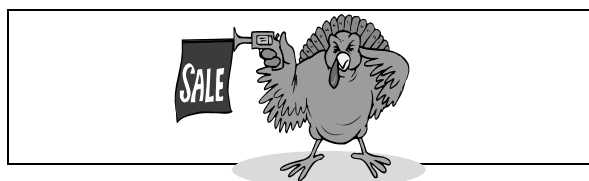
SISLETS Noticeboard

Advertising on noticeboard
is FREE

Next Deadline: 19 Sept. 2007

Advice/help wanted

putting together Grant Application
Dorothy SISA0101 8295 8880



For Sale:

- ◇Double bed mattress
- ◇Limes (for picking)
- ◇Various potted plants including
- ◇Flexible hoses (ribbed) to take washing machine water to garden (some with fittings)

Tina Goodwood SISA0175 8272 9404

For Sale:

Fridge – near new
(2 years old hardly been used).
Small size – 2 door. 300 units or o.n.o.
Collect from Wayville
Pam SISA0130 8374 2531

theshoppe@chariot.net.au



Community Café

At every SISLETS Market
1st Saturday of the month
from 10.30am to 12.30pm
Clarence Park Community Centre
74 East Ave. Black Forest
♦Organic coffee & herbal teas
♦Relaxed friendly atmosphere
♦Homemade cakes and produce
♦ Service with a smile!!

**Help Wanted in Cafe at
SISLETS Market**
Payment in units and food
Contact: Pam 8374 2531 or
visit the Cafe on day of market
Wanted

Used Australia Post Padded Bags and
Tough Bags in good condition
(wanted for re-use)
and new plain clear plastic bags for
packing items. For units only.
Contact Louise: 8362 7813 or email:
loui@tadaust.org.au



WANTED:
Boliva card game
(similar to Canasta)
People wanted to play.
Veronika SISA0118 8377 2927
vsa7@tadaust.org.au



Wanted
**Old-fashioned
embroidery transfers**
Pam SISA0130
Ph 8374 2531

theshoppe@chariot.net.au



Clarence Park Food Co-op

Wholesome, nutritious food at low
prices.

Nuts, dried fruit, seeds, pulses,
beverages, flour, grains, pasta,
washing products, honey, free range
eggs, oils, and more.

Most foods locally & organically
grown.

Bring your own jars and bags for
discount

Clarence Park Community Centre
74 East Ave, Black Forest

Open: Mon, Tues, Wed and Saturday
10.30-12.30pm Enq: 8297 6249

Tips and Hints – How to get the most out of your money

- Hire a video or DVD – its cheaper than the cinema. Invite friends around.
- Quit smoking to improve your health and save money.
- Access the Internet at your local library – it's free!
- Do you gamble? The odds are stacked against you. Visit www.relationships.com.au and click on problem gambling link for information and counselling in your area.
- If you only write a few cheques, use money orders (from the post office) instead of having a cheque account to avoid paying extra tax on your account.
- If you have many different debts, consider combining them under one loan. This will generally reduce fees and make repayments easier. Seek financial advice first.
- Save up for a large freezer and buy in bulk as it is often cheaper.
- Plan for your retirement no matter how old you are. Talk to a financial counsellor for more information.

- Petrol is often cheaper on certain days of the week. Try to fill up on these days.
- If you use public transport, find out if you can buy multi-trip tickets, which are generally cheaper.
- Ride your bike – it runs on your pedal power and is generally free to park.
- Pack a lunch instead of buying it.
- Eat at home before going out for the night.
- Take a shopping list and a calculator grocery shopping so you can make sure you are sticking to your budget. Calculators are also handy when you want to compare which product or size is the best value.
- Wait for sales and search for discounts.
- Shop at a charity store for cheaper clothes, furniture and other items.
- Focus on your goals so you aren't sidetracked by impulse buying. Ask yourself if the item is in your budget, and do you really need it or could you save the money instead?

(from 'Me & My Money' produced by Australian Government Child Support Agency).