



SISLETS NEWSLETTER



(Southern Inner Suburbs Local Exchange Trading System)

c/o Clarence Park Community Centre, 74 East Terrace, Black Forest 5035
website: www.geocities.com/sis.lets email: sislets.coordinator@gmail.com

December 07

Editor: Pam Marshall



SISLETS CHRISTMAS MARKET

Saturday December 1st 2007
10.30 am – 12.30 pm

Clarence Park Community Centre
74 East Ave, Black Forest

Come to the last market for 2007!

- ☉ Second-hand goods, crafts, massage, homemade food, plants, and more!
- ☉ Food Co-op and Fresh Food Co-op also open for business
- ☉ Café open offering freshly brewed organic coffee, teas, homemade food, etc.
- ☉ Join in the friendly relaxed atmosphere and do some trading!

Sites are free for LETS members
Enquiries & Bookings: Peter 8276 9621

Many Hands Make Light Work!

Setting up, dismantling and cleaning the hall on market day relies on the generous help of volunteers. Your help would be appreciated to make the job easier.

Stall-holders: Please dismantle/stack your trestle/s, chairs and remove rubbish. *If not sure what you can do ask Peter or Pam on market day.*

For Your Diary.....

SISLETS Market dates for 2008
Saturday mornings 10.30am-12.30pm –
Clarence Park Community Centre –
♦ Feb 2nd ♦ March 1st ♦ April 5th
♦ May 3rd ♦ June 7th ♦ July 5th ♦ Aug 2nd
♦ Sep 6th ♦ Oct 4th ♦ Nov 1st ♦ Dec 6th



SISLETS New Members

SISA0272 Marica Park Holme
Ph 8177 1403

SISA0273 Deepali Panorama
Ph 8357 6743/043 115 9779

deepalicpradhan@yahoo.co.in

Offers: Hand crafted jewellery

SISA0274 Helen Hindmarsh
0414 880 444

Offers: Various second-hand goods (at markets)

Requests: Organic vegetables and fruit,
Garden help

SISLETS Mail Delivery – The Clarence Park Community Centre closes between 20/12/07 and 29/1/08. All mail is held for collection until after that date. If you plan to send mail requiring urgent attention (such as membership fees) then send to SISLETS c/o P.O. Box 390, Park Holme 5043 (as a temporary measure only).



NE LETS Christmas Market

Sun 25 Nov. 2007 11am-1pm

Tasty lunch - tea, coffee and cake - raffle prizes for things like eggs, honey, homemade preserves and biscuits

ALL in units only

Hillcrest Community Centre,
Queensborough Ave, Hillcrest.

Enq: Sue 8266 2757 nelets@hotmail.com



CES System Update

www.ces.org.za

Trading Accounts: Please check all transactions on your account. Make sure they are correct and legitimate. Sellers are responsible for entering all trades - mistakes have occurred.

Current trading accounts can be printed from the C.E.S. online system. If you have not checked your account recently you can so on-line. If you do not have access to the internet and would like a copy of your current trading account contact one of the people listed below or ask Pam (8374 2531) to arrange for one to be sent with the next Newsletter mail-out.

Offers and Wants folder:

A folder containing an updated print-out of current Offers and Wants from the CES site is on display at the SISLETS market (on the SISLETS display table). Please bring a pen and paper to make notes on what's available. This replaces the now out-dated paper copy 'Resource Guide'. Please make sure you are listed in the folder by inputting your Offers and Wants online so that all members are informed about your contribution to LETS.

Need assistance with your on-line accounting or Offers & Wants?

Contact one of the following people for assistance: Julie SISA0236 - Milton SISA0024 - Katy SISA0262 - Monte SISA0264 - Lay Lee SISA0252 - Linda SISA0267 (*Please check Membership List for phone numbers*).

DID YOU KNOW?

- That the CES on-line has a 'How to Use' Manual? It can be printed from the system and contains lots of useful information about on-line trading.
- Travel the world trading on-line! Many LETS systems from around the world use the same system. Check out their 'Offers and Wants' for an interesting insight into LETS trading overseas!
- That you can view and print out Newsletters from other LETS systems for some interesting reading.



SISLETS Noticeboard

Advertising on noticeboard is FREE

Next Deadline: January 19 2008

Wanted to Buy: Adult-sized Tricycle

A 3-wheeled 'bike' with a rear basket/carrier. Cash/units negotiable
Janet SISA0009 8379 8941

We have a selection of old washing machine tubs for planting vegies, etc. You'd need to collect from Windsor Gardens. Please get in touch if interested.
Sue NESA0014 8266 2757

Home grown garden produce



when available over Christmas period: zucchini, lettuce, herbs, spinach, cherry tomatoes.

Pam SISA0130 (St Marys)
8374 2531 theshoppe@chariot.net.au

Quality homemade gift cards

for all occasions (including Xmas). From single cards to bulk orders

Wanted: Ferns or palms (any type or size); Someone to wash my car - generous units offered

Louise SISA0206 8362 7813
loui@tadaust.org.au



Classical Piano Playing and Tutoring

Ron SISA0095 8272 2078



Home grown fruit and vegetable exchange

Meets monthly at the Clarence Park Community Centre in conjunction with Goodwood Food Co-op. For more information: Joel Catchlove 08 8227 1399/0403 886 951 or joel.catchlove@foe.org.au

2008 Market dates for Salisbury and NE LETS

Sat 23 Feb – Salisbury LETS

Sun 25 May – NE LETS

Sat 23 Aug – Salisbury

Sun 23 Nov – NE LETS

Venue: Sal - Jack Young Centre, Orange Ave, Salisbury. NE - Hillcrest Community Centre, Queensborough Ave, Hillcrest.

(Some members plan to hold markets/get-togethers at their homes- no dates yet)

Enquiries: (NE) Sue 8266 2757

(Sal) Dorothy 8250 8474

-Invitation-



Clarence Park Community Centre Christmas Party

Friday 7th December 4.30-7.00pm
In the Child-care Garden & Main hall
\$2 p.p. entrance fee (inc. children)

- 5.45pm-6.30 Sausage sizzle
 - BYO drinks, chairs & rug
 - Xmas Carols by Orana Singers
 - Blacksdane Animal Nursery
 - Face Painting
 - Father Xmas – approx. 6.30pm *(Please bring a wrapped gift with your child's name on it to the value of \$7 or less)*
 - Family & friends welcome!
- RSVP by Mon. 3rd December on 8293 8166



Have cake & coffee at the...

Community Café

At the SISLETS Community Market

from 10.30am to 12.30pm

Clarence Park Community Centre
74 East Ave. Black Forest

- ◆ Organic coffee & herbal teas
 - ◆ Relaxed friendly atmosphere to talk and meet
 - ◆ Homemade cakes and produce
 - ◆ Food Co-op & Fresh Food Co-op also open for business
 - ◆ LETS information & business
- Enquiries Pam 8374 2531



Clarence Park Food Co-op

Wholesome, nutritious food at low prices.
Nuts, dried fruit, seeds, pulses, beverages, flour, grains, pasta, washing products, honey, free range eggs, oils, and more.

Most foods locally & organically grown
Bring your own jars & bags for discount

Clarence Park Community Centre

74 East Ave, Black Forest

Open: Mon, Tues, Wed and Saturday 10.30-12.30pm Enq: 8297 6249

OPEN FOR BUSINESS MARKET DAY



Green Xmas Workshops

**Environmentally friendly
& practical Christmas ideas on a budget.**

2 Workshops: December 6 12.45-2.45pm
December 13 12.45-2.45pm

- Creating Christmas decorations from recycled materials
- Resourceful and money saving ideas for gifts using safe, chemical free materials and ingredients.
- All environmentally friendly promoting responsible gift giving for Christmas
- Make a variety of gifts: bath salts, rose hand wash, Old English washballs, rice flour-based body powder, foot powder, beeswax lip balm and other skin-care products, scented bags, and culinary spice blends and much more.

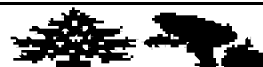
(Please bring 2 medium to small sized recycled jars to both workshops.)

Women's Community Centre

64 Nelson St, Stepney

Bookings & enquires: 8362 6571

Facilitator: Pam Marshall



**Wishing all LETS members a Happy
Christmas and prosperous New Year
for 2007 & Happy Trading!**



Don't let Christmas Burn Your Budget

How to reduce costs at Christmas

Christmas is a special occasion that only occurs once a year. Don't let your Christmas budget ruin a great day. Here's a few ideas for reducing costs at Christmas:

- Buy one present throughout the year at each pay, looking out for sales and specials
- Make your own Christmas cards and in them say things that you really value about that person.
- Put an extra item each pay in the cupboard as a store for Christmas.
- Give Christmas to Christ, sing carols and share time and love.
- Contact family and friends and inform them of a two dollar limit per person, something that is fun.
- Give gifts of need.
- Get everyone together for a shared picnic and have a lucky dip.
- Shop at 'op-shops'. *
- Start a Christmas club savings account.
- Try to pay cash instead of using credit cards.
- Organise to share the cost of the family meal and rotate location yearly.
- Give one family gift at a set cost - put names in a hat to choose which person.
- Give a week's housework, cooking, household duties as a gift.
- Find a butcher who has a Christmas club and begin paying small amounts each week towards your meat for Christmas. Make note of how much you have spent.

Warning: Beware of 'interest-free terms with no payments for 6 months.' A financial counsellor recently saw a client who believed this to mean that part payments began six months after the purchase. This was not the case. Payment in full was required at the end of the advertised interest-free term. Beware of the wording and ask for a full explanation.

(From a brochure compiled as a joint project of Lutheran Community Care and Uniting Care Wesley, an initiative of the Low Income Support Program - a Families SA Project)

* RECYCLING SHOPS AND OP SHOPS

(in the Inner Southern Area)

Recycling is not only good for the budget but good for the planet!

MARION CHURCH OF CHRIST GOOD GEAR SHOP: Corner of Marion Rd and Alawoona Ave, Mitchell Park

GOODWILL SHOP: 148 Main Road, Blackwood

BCS BAPTIST COMMUNITY SERVICES: 170 Seacombe Road, Seaview Downs

SALVATION ARMY THRIFT SHOP: Corner of Sturt and Morphett Roads, Seacombe Gdns

SALVATION ARMY FAMILY STORES: 429 Brighton Road, Brighton, 1507 Main South Rd, Darlington, 1069 South Rd, Melrose Park, 307 Goodwood Rd, Kings Park.

ST VINCENT DE PAUL: 974 South Rd, Edwardstown, 21 Abbotshall Rd, Hawthorn, 365 Brighton Road Hove.

SUNFLOWER SHOP: 577 Morphett Rd, Seacombe Gdns

PICKET FENCE: 1167 South Road, St Marys

SOUTHLAND COMPASSION WORN AGAIN OP SHOP: 4/16-30 Fiveash Dr, Pasadena.

(Many Thanks to Dennis - Marion Life Community Services for info)

