



SISLETS NEWSLETTER

(Southern Inner Suburbs Local Exchange Trading System)

c/o Clarence Park Community Centre, 74 East Terrace, Black Forest 5035
website: www.geocities.com/sis.lets email: sislets.coordinator@gmail.com

April-May 09

Editor: Pam Marshall



ABC TV 'Stateline' at next Market

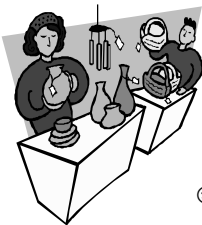
The current 'economical climate' has seen a resurgence of interest in ways to live frugally and save money. Page 3 contains a recent article from the Eastern Courier about our Saturday morning market activities. Many thanks to Annie (Seli Hoo Household) for her help in promoting SISLETS.

But the publicity and interest just keeps coming! Simon Royal, a reporter from ABC's Stateline and camera crew are coming along to our next market (Saturday 6th June) to film the event for their programme. (Many thanks to Mij for her contribution in organising this great publicity!). More members mean more offers (and wants) and more choice of goods and services for all members. I, for one, have lots of things I would like to get from SISLETS – and I am waiting for just the right person to join! I'm sure many of you are in the same position.

So, we need to make the next market as sensational an event as possible! Please come along– even if it is to fill a few seats while you have a coffee. Ultimately, it would be great to have many stalls with buyers hovering and 'doing' trades to impress the programme audience when it goes to air.

Pam - SISLETS

SisLETS Community Market



2009 WINTER MARKETS: 10.30 am – 12.30 pm

Saturday 6th June and 4th July

10.30 am – 12.30 pm

Clarence Park Community Centre, 74 East Ave, Black Forest

- ☉ Lots of interesting trading stalls, hairdressing, massage and more!
- ☉ Food Co-op and Fresh Food Co-op also open for business
- ☉ Café open offering freshly brewed organic coffee, teas, homemade food, etc.
- ☉ Join in the friendly relaxed atmosphere and do some trading!

Sites are free for SISLETS members. Enquiries & Bookings: Peter 8276 9621

Many Hands Make Light Work! Please help us on Market day by dismantling/stacking your trestle/s, chairs and removing rubbish. Many thanks.



SISLETS New Members

SISA0287 Lee & Tom Normanville

Ph 8558 3726 or 043 931 3020
lwindram@bigpond.net.au

Offers: Accommodation – Luxury bed and breakfast at Normanville, Caterer – Dinner night out at Normanville Surf Club, Vegetables for sale (certified organic),

SISA0288 Denise Goodwood

Ph: 0417 579 595
denise.averay@gmail.com

Offers: Clothing – second-hand, bric-a-brac and books on sale at markets. (women's clothing mostly size 14)

SISA0289 Melanie Forestville

Ph: 0411 694 217
melanie.saunders@pbajv.com.au

New Offers/Wants:

SISA0095 Ron Blackwood

Ph 8278 2078

Offers: Piano playing (classical) and tutoring

Want: House cleaning.

SISA0279 Ting Devon Park

Ph 8340 7345

born2rebel2000@yahoo.com

Offer: Gardening

Wants: Native plants, fruit plants, herb plants.

SISLETS Market dates for 2009

Saturday mornings 10.30am-12.30pm

Clarence Park Community Centre

♦Aug 1 ♦Sep 5 ♦Oct 3 ♦Nov 7 ♦Dec 5

South LETS Markets

Sunday July 12, Sept 13 & Dec 6

at Aldinga Institute Contact: Liz 8556 2705

Adelaide LETS Markets

At Hillcrest Community Centre

For details contact Sue 8266 2757

adelaidelets@hotmail.com.



SISLETS Noticeboard

Advertising is free.

Send to SISLETS address on page 1 or email
[sisleets.coordinator@gmail.com](mailto:sislets.coordinator@gmail.com)

Limes for sale

Tina SISA0175 Goodwood
Ph 8272 9404

Wanted: Someone to clean my home as a once off. Part cash part units
Louise (SIS0277) 407 181 063

Gardener & Cleaner Wanted

Once a month for 2 hours (40units)
Muriel (SISA0168) West Lakes
Phone 8449 9617

Water purifier/filter for sale 40 units

Grant & Patricia

Ph 8249 9440

grantaustin@verizonmail.com

Wanted:

♦ **Knitting wool**

♦ **Greeting Cards (fronts only)**

Pam SISA0130 ph 8374 2531

Email: theshoppe@chariot.net.au

Help Wanted in Cafe at SISLETS Market

Payment in units and food.

10am to 1pm Market days.

Contact Pam at Market or ph 8374 2531

Advertise Your Wares

Not getting what you want from LETS?

The SISLETS Newsletter is published every two months and posted to all members. It's the best way to reach members directly with your offers or wants. Advertising is FREE.

Contact Pam 8374 2531 or

sisleets.coordinator@gmail.com

Extending the hand of friendship

Barter for each other

EXCHANGE | JIM WILLIAMS

THE currency of one good turn deserving another never falls in value, as regulars at the Clarence Park Community Centre know.

They gather on the first Saturday morning of each month to trade their skills through the Local Exchange Trading Scheme (LETS), using a system of "barter dollars".

Centre volunteer Annle Gleeson, who offers foot reflexology in exchange for gardening and other services, says it's a great way to save money in tough times.

"Certainly from the economic point of view it's great. I can spend my barter money however I want to, not necessarily a direct exchange with someone I help," she says.

Services on offer include haircuts, massages, childcare, pet sitting and



SOCIABLE: Sandor Horvath says LETS makes shopping a social experience.

house cleaning. Two food co-operatives also operate from the centre, at Black Forest, one for dry goods and one for fresh fruit and vegetables, offering locally-produced organic food at the same or lower prices than

non-organic food from supermarkets.

"There's an ideological edge to what we do," Ms Gleeson says.

Dry food co-op volunteer Sandor Horvath says it also makes shopping a more social experience. "It's

friendly and welcoming. You actually talk to people which you don't do in the supermarket."

EC The Clarence Park Community Centre is at 72-74 East Ave, Black Forest. For LETS info call 8293 8166.

TIPS FOR SURVIVING

- Look at different ways of retaining skilled staff, such as offering four-day weeks or having rostered days off
 - Realign outstanding debt
 - If customers have payment problems try negotiating a payment plan
 - Offer discounts for early or cash payments
 - Convert stock to cash
 - Aim to sell an extra product or service with every sale
 - Put in place a series of simple steps for credit control, and stick to them
 - Review the amount of price discounting
 - Consider job-sharing with competing companies so you can trade work in busy periods
- * Provided by the Inner Southern Business Enterprise Centre. For more tips phone the ISBEC on 8351 0227

Read Catherine Bauer's Helping Families blog

Page 32

