



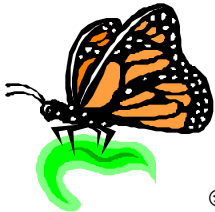
# SISLETS NEWSLETTER

(Southern Inner Suburbs Local Exchange Trading System)

c/o Clarence Park Community Centre, 74 East Terrace, Black Forest 5035  
website: [www.sislets.net](http://www.sislets.net) email: [info@sislets.net](mailto:info@sislets.net)

August-September 010

Editor: Pam Marshall



## SISLETS Market

Saturday August 7 & September 4 10.30am-12.30pm  
Clarence Park Community Centre 74 East Ave Black Forest

- ☉ **Second-hand and new goods**, crafts, massage, music, homemade food, plants, and more!
- ☉ **Food Co-op, Fresh Food Co-op & Urban Orchard** open for business
- ☉ **Café** open offering freshly brewed organic coffee, teas, homemade food, etc.
- ☉ Come along and join in the friendly relaxed atmosphere!

**Sites are free for SISLETS members** Enquiries & Bookings: Peter 8276 9621  
Email: [sislets.coordinator@gmail.com](mailto:sislets.coordinator@gmail.com)

(Your help would be appreciated to set up, dismantle and clean the hall before and after the market to make the job easier for all concerned!)

**Remaining SISLETS Market dates for 2010:** Saturday mornings 10.30am-12.30pm –  
Clarence Park Community Centre: ♦ Oct 2 ♦ Nov 6 ♦ Dec 4



### SISLETS New Member

SISA0301 Helen Colonel Light  
Gardens Ph 8276 9974  
**Offers:** Proof reading, Family history.



### Cathy's Country Style Homemade Produce

Jams, sauces, chutneys, marmalades,  
jellies, salsa and more  
**Part cash/units On sale at the  
market** Cathy SISA0246



### Haircuts

**By professional hair-dresser  
at the market.**  
20u and \$3 - Trish SISA0242

### FRIENDS OF THE EARTH'S FEAST OF FILM

A film festival about good food and farming is back for 2010! Over six weeks, the Feast of Film will offer fortnightly screenings (on **July 31, August 14 and 28**) of some of the best international films about good food, agriculture and community, including the very special August 28 world premiere of 'An Urban Orchard', a celebration of food gardening and sharing on the Adelaide Plains.

All screenings will be held at **Unley Citizens' Centre, 18 Arthur Street, Unley**  
**Entry \$5-\$15 Three screening pass \$20.00**  
Winter warming goodies will be available.

All funds raised support work for just and sustainable food and farming in Sth Australia. For more information, including online trailers, visit [www.adelaide.foe.org.au](http://www.adelaide.foe.org.au) or contact [joel.catchlove@foe.org.au](mailto:joel.catchlove@foe.org.au), or phone 0435 631 524.



# SISLETS Noticeboard

**Wanted: Microscope**  
**If you can help contact:**  
 Louise SISA0189 Ph 0413 642 864

**Help Wanted**  
 with gardening and painting 20u per hour.  
 Cheryl SISA0134 8277 4021  
[netc75@hotmail.com](mailto:netc75@hotmail.com)



**On sale at next market:**  
 Hand-made kitchen tea-towels.  
 In good quality absorbent cotton.  
 Various colours.

**For Sale:**  
**Evaporative air-conditioner**  
 On wheels, instruction manual, remote  
 Approx 2 years old - 50 units  
 Pam SISA0130 8374 2531  
[pam@theshoppe.com.au](mailto:pam@theshoppe.com.au)



## Adelaide LETS Market

Sunday 15 August,  
 28 November. 11am-1pm  
 At Hillcrest Community Centre  
 Queensborough Avenue  
 (off Fosters Road) Hillcrest

### EVERYONE WELCOME

Join in the friendly relaxed  
 atmosphere and do some trading!  
 Tea – Coffee – Cake - Lunch

**Why not have a stall? Sites & trestles  
 are free for LETS members.** Stallholders  
 receive a small 'thank you' incentive.  
 Enquiries & Stall Bookings: Sue 8266 2757  
[adelaidelets@hotmail.com](mailto:adelaidelets@hotmail.com)



Take a trip down south and visit the  
**South LETS Market**

Everyone welcome. Why not visit or even  
 have your own stall?

**Sunday August 22nd, December 5th.**  
**At Aldinga Institute Hall, Old Coach  
 Road Aldinga - 11am to 2pm.**

Come along and meet other LETS  
 members, have some refreshments and  
 pick up some bargains. For a variety of  
 new and preloved goods and clothing,  
 plants and home-made produce, books,  
 crafts, jewellery, original artworks, cards,  
 toys, cakes, oils, etc.

Contact [office@letsouth.com](mailto:office@letsouth.com) or phone  
 8556 2705/04 0880 3808 for further  
 information or to book a stall



Offers:  
**House-sitting  
 and Sewing**

Available for house-sitting (including  
 looking after your pets) and  
 sewing/mending (and similar projects).  
 Helena SISA0183 Ph: 0414 396 791

### Need assistance with your on-line accounting?

Contact one of the following people for  
 assistance: Julie SISA0236 - Milton  
 SISA0024 – Pam SISA0130 (Please  
 check Membership List for phone no's)



## Advertise Your Wares

*Not getting what you want from LETS?*

The SISLETS Newsletter is published every  
 two months and posted to all members. It's the  
 best way to reach members directly with you  
 Contact Pam 8374 2531

[sislets.coordinator@gmail.com](mailto:sislets.coordinator@gmail.com)



## Feeding Birds

Do you watch birds in the garden? One morning I put out bread for 'the birds' and watched.

A magpie flew into the bird cote and called to other magpies "*breakfast is up*". Said magpie took a piece of bread in its beak, flew down and proceeded to bash the bread on the ground then flew off. A crow came on the scene, picked up a piece of bread, flew directly to the water-filled bird bath, dunked the bread until sodden and flew off carrying the bread,

Since watching this event, I have since read that **BREAD SHOULD NOT BE FED TO BIRDS**. It is not correct nutrition. It causes baby magpies to be hatched with weak legs due to the lack of calcium. Plus the combination of bread and water causes bloating. For the sake of the magpies – and other birds - please feed birds only bird seed. Available cheaply from supermarkets.



## QWERTY versus DVORAK

Do you know how and why the typewriter or computer keyboard is constructed the way it is? Well let me explain:

Consider for example the primitive typewriter, or its derived descendant the PC keyboard. From one brand to another, function keys may change, but the typewriter/computer's alphabet keys are fixed in positions relative to each other. The almost universal arrangement is the QWERTY system - the name for the first six keys on the upper left hand row of the keyboard. Most people have learned on this system. Once trained, a typist moves with practiced familiarity from one keyboard to another. QWERTY is the standard, keys are placed predictably in the same position and the structure remains the same from machine to machine.

Although this is the most common system, the placement of keys is not the most efficient. The DVORAK arrangement places keys used commonly in English in more convenient positions presided over by more dominant fingers. Changing requires re-learning and creating new machines so the shift to the DVORAK keyboard has not widely occurred.

What surprises most is that the QWERTY arrangement of keys is not the most efficient for typing speed. For example the A key, frequently used in English, is presided over by the weak fifth little finger of your left (and for most, the non-dominant) hand. What may be more surprising is that this layout was devised by Shoales and Company in 1872, they intentionally designed it to work slowly - **BECAUSE** - in the early days of typewriters, mechanical levers and linkages moved keys. If keys were typed in close sequence, adjacent levers were susceptible to locking with each other and jamming. To avoid mechanical interference, keys often struck in sequence were physically separated on the keyboard. T and H for example, are even in different rows. Electric typewriters made this system unnecessary.

A different positioning of keys was devised in 1936 by efficiency experts August Dvorak and William Dealey. The home fingers of the left hand control the vowels A E O U I; the home right hand fingers control the most used consonants D H T N S. In a busy day the DVORAK typist's fingers travel one mile for every sixteen miles travelled by the QWERTY typists. For most of us, restructuring the keyboard destroys the utility or the convenience of the typewriter.

The technological shift to the DVORAK keyboard has not occurred, owing to the fact that few people know the DVORAK system because most learn on QWERTY and relearning would be a major problem.

Who knows some time in the future a decision may be made to convert all the keyboards in the world to the DVORAK system - WOW what a thought!!

**(both articles contributed by Helena SISA0183)**



## People over 30 should be dead! Here's why.

According to today's regulators and bureaucrats, those of us who were kids in the 40's, 50's, 60's, or even in the early 70's probably should not have survived. Our cribs were covered with bright coloured lead-based paint. We had no childproof lids on medicine bottles, doors or cabinets, and when we rode our bikes, we had no helmets. (Not to mention the risk we took hitchhiking.) As children, we would ride in cars with no seatbelts or air bags. Riding in the back of a pickup truck on a warm day was always a special treat. We drank water from a garden hose and not from a bottle. HORRORS!!! We ate cupcakes, bread and butter, drank soda pop with sugar in it, but we were never overweight because we were always outside playing. We shared one soft drink with four friends, from one bottle, and no one actually died from this. We would spend hours building our go-carts out of scraps and then rode down the hill, only to find out we forgot the brakes. After running into the bushes a few times, we learned to solve the problem. We would leave home in the morning and play all day, as long as we were back when the streetlights came on. No one was able to reach us all day.

NO CELL PHONES!!!! Unthinkable !!! We did not have Playstations, Nintendo 64, X-Boxes, no video games at all, no 99 channels on cable, Videotape movies, surround sound, personal cell phones, personal computers, or internet chat rooms. We had friends! We went outside and found them. Played dodge ball, and sometimes the ball would hurt. We fell out of trees, got cut and broken bones and teeth, and there were no lawsuits from these accidents. They were accidents. No one was to blame but us. Remember accidents?

We had fights and punched each other and got black and blue and we learned to get over it. We made up games with sticks and tennis balls and ate worms, and

although we were told it would happen, we did not 'poke out' very many eyes, nor did the worms live inside us forever. We rode bikes or walked to a friend's home and knocked on the door, or rang the bell or just walked in and talked to them. Little League had tryout and not everyone made the team. Those who didn't had to learn to deal with disappointments. Some students weren't as smart as others, so they failed a grade and were held back to repeat the same grade. HORRORS!!! Tests were not adjusted for any reason. Our actions were our own. Consequences were expected. The idea of parents bailing us out if we broke the law was unheard of. They actually sided with the law. Imagine that!!

This generation has produced more risk-takers and problem solvers and inventors than ever. The past 50 years have been an explosion of innovations and new ideas. We had freedom; failures, success and responsibility, and we learned how to deal with it all. And you are one of them!! Congratulations!! Please pass this on to others who have had the luck to grow up as kids, before lawyers and government regulated our lives, for your own good.

### The Bush Telegraph

*Times were tough in the small town. Everyone relied on credit to live. A rich tourist arrived at the pub and put \$100 on the bar before going upstairs to inspect the room. When he was out of sight the publican took the money next door to pay her account with the butcher. The butcher paid his debt to the pig farmer, who then paid his feed supplier. The supplier took the \$100 to the petrol station to pay off his fuel account. The service station owner decided it would be a good time to clear his bar debt and took the money to the publican who put the \$100 back on the bar. Just then the traveller came downstairs and said the rooms were no good. He then pocketed his money and left. No one produced anything or earned anything but the town was now out of debt.*

**(both articles contributed by Gerry SISA00179)**

